

The Snow Bunny Crisis



Dr. Umar Johnson is a Psychologist who specializes in African American mental health and social, educational issues. Johnson has become quite famous for his social and political position about interracial dating and marriage. Umar is most famously known for coining the term, “Snow Bunny” in reference to White women whom Black men seek to engage romantically. Umar is very public about his disapproval of race mixing. Because Dr. Umar claims interracial marriages deplete the culture and economics that would otherwise be shared within the African-American community.

First off, there is nothing wrong with engaging in interracial relationships and marriage. Ethnic mixing has been happening for centuries in North-east Africa, Carthage, Sicily and the Iberian Peninsula. African people have been engaged in intercontinental trade with Europeans and Asians since the time of Alexander the Great. Specifically between Europeans and African people living along the Mediterranean coastlines. Keep in mind during that time ethnic groups were not classified and racially discriminated through governance. During that time RACISM hadn't existed as of yet.

I wish Dr. Umar would better convey that Africana people are of a damaged people due to over 400 years of slavery, Jim Crow and colonialism. And Africana people need to repair the damage caused by European oppression. Our indigenous language, culture, traditions, values and spirituality are at a loss to us and needs repair. It is for this reason that interracial marriages don't help to repair the damage. While there is nothing legally or morally wrong with interracial marriage. Interracial marriage dilutes the cultural values that Africana people need to rebuild culture and traditions. While it is a personal choice that is an individual's preference. It's best to engage in marriage within your ethnic group to rebuild with culture authenticity. Children of the African diaspora need to appreciate and value cultural products, foods, arts and travel. Their appreciation will economically stimulate Africana culture in robust ways that interracial families don't.